Zindagii Shoista – Living With Dignity

PREVENTING VIOLENCE AGAINST WOMEN AND GIRLS IN TAJIKISTAN

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INTERNATIONAL ALERT

UKaid
from the British people

WhatWorks
TO PREVENT VIOLENCE
A Global Programme To Prevent Violence Against Women and Girls

international alert

Tajikistan at a glance

- Located in Central Asia
- Population of approx. 8.7 million
- Approx 90-95 % Sunni, 3 % Shia (Ismaili)
- Poorest of the Former Soviet Union republics
- World's most remittance-dependent economy



Zindagii Shoista

- Three-year project (intervention itself approx. 1.5 years)
- Four project partners: International Alert, Cesvi, ATO, Farodis, Women of the Orient
- 4 villages in 2 districts, 271 beneficiaries
- Ethnic Tajik and Uzbek villages, all affected by circular out-migration
- Gender norm change (Stepping Stones) and livelihoods approach
- Working with family units
- IPV, DV and role of mother-in-law/daughter-in-law relationship
- Additional research: impact of disabilities on experiences of VAWG

Research findings

- Quantitative and qualitative research
- Among the highest levels of VAWG in WW consortium
- Male labour migration (Russia, less to Kazakhstan)
- Structural food insecurity (esp. women)
- Low income levels, very high levels of economic precarity and living on debt
- Young men, older women gender unequal
- High levels of depression for women and men
- Substance abuse: alcohol, opiates, marijuana, other drugs – dynamics require more research

Impact of intervention

- In the process of gathering endline data, so quantitative data is not in yet
- Qualitative data/anecdotal evidence points to successful gender norm change in some families
- Economic component seen often as very important by beneficiaries (catalyst factor/entry point)
- There has been limited push-back
- Not all families will likely be successful